

# The Goal-Based Outcomes (GBO) Tool

## Video observation feedback form

**Practitioner's name/identifier:**

**Project/service/team:**

**Observer's name/identifier:**

**Date of observation:**

**Feedback Icons:** 😊 😐

General Goal Setting	Observed	Not observed	Unclear from video	Not applicable
Introduces the concept/task of goal setting				
Recaps the problem(s) described by parent/child/youth				
Works with parent/child/youth to shape and set collaboratively agreed goals				
Negotiates appropriate goals				
Allows difference in goals between parent and child/youth				
Uses child's/youth's/parent's language when discussing goals				
Has a collaborative discussion about ideas of how best to reach the goals				

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Specific Use of GBO	Observed	Not observed	Unclear from video	Not applicable
Describes the GBO tool				
Explains the purpose of rating goals and how GBO will be used in the intervention/treatment				
Takes time to get language right on the GBO (using the client's language as much as possible)				
Writes goals down on the GBO form				
Explains the GBO 0 – 10 scaling				
Explains the anchor points of zero, ten <i>and</i> five				
Explains the purpose of tracking of goals using GBO throughout the intervention/treatment				
Explains 'good enough' goal progress (i.e. purpose is not to reach 10/10 but to help move towards a goal)				
Invites parent/child/youth to rate goals				
Gets a rating from 0-10 for each goal				
Uses the goal rating to open up further discussion and understanding about progress				
Uses the GBO to open up discussions about next steps (including endings where appropriate)				

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**Further comments and feedback:**

A large, empty rectangular box with a thin black border, intended for providing further comments and feedback.